

SURENDRANATH CENTENARY SCHOOL
SESSION -2026-27
ANNUAL PEDAGOGICAL PLAN
CLASS –I

ENGLISH :

1. Tulips Semester 1 & 2 (Oxford)
 2. New Grammar Way (Macmillan)

Pedagogies - Critical Thinking, Storytelling, Role Play, Digital Learning, Experiential Learning , CPA method, Hands –On Learning and Integrated Learning.

Month	Chapter	No. of Pr.	Topics	Learning Objective	Learning Outcome
April '26	Sem-1 Lang. L-1	4	Letters of the Alphabet <ul style="list-style-type: none"> • formation of three letters words 	To enable the learners to- <ul style="list-style-type: none"> • recognize capital letters and small letters . • identify after and before letters (Capital and Small). • form small sentences. 	The learners will be able to- <ul style="list-style-type: none"> • identify capital and small letters.
	Lit. L-1	4	<ul style="list-style-type: none"> • vowels and consonants 		
		10	The Fox and The Grapes	<ul style="list-style-type: none"> • identify animals, their names and food habits. • converse with friends and teacher about their needs and surroundings.(SR) 	<ul style="list-style-type: none"> • read the chapter with correct pronunciation. • develop the association between different elements in nature. • imbibe the moral values within the story. • express themselves effectively with their friends and teachers.

		(18)		<ul style="list-style-type: none"> • read small sentences with correct pronunciation. (SR) • identify letters through pick and choose, form words using phonic sounds. (SR) <p>Vidya Pravesh WS -23 Vidya Pravesh WS- 28</p>	<ul style="list-style-type: none"> • recognize and arrange the alphabets to form small words and sentences.
May'26	Lang. L - 2	3	Naming Words	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • identify and categorize naming words. • differentiate and select different types of naming words. People/Places/Things <p>NCERT Class 1 Page no-27</p>	<p>The learners will be able to-</p> <ul style="list-style-type: none"> • recognize and classify different naming words. • select the naming words according to people /places/things.
	Lit. L - 2	7	A Snail's Tale	<ul style="list-style-type: none"> • learn how each living creature is unique in their appearance and existence. • identify rhyming words. • form words by blending letters.(SR) • draw and colour an alphabet and form three letter words.(SR) <p>Vidya Pravesh WS-29</p>	<ul style="list-style-type: none"> • relate the story with their daily life and accept themselves as they are. • form new words. • recognize words and use them while forming small sentences.
June'26	Lang. L -3	5	Naming Words: <ul style="list-style-type: none"> • Common and Special 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • identify, select and organize common and special names. <p>NCERT Class 1 Page no-28</p>	<p>The learners will be able to-</p> <ul style="list-style-type: none"> • recognize and select common and special names and apply them in sentences.
	Composi tion	2	Paragraph Writing (My Favourite Flower)	<ul style="list-style-type: none"> • write 5 -6 lines on 'My Favourite Flower'. 	<ul style="list-style-type: none"> • describe their favourite flower.

	Lit. (Poem) L-3	4	The Rainbow	<ul style="list-style-type: none"> • identify the seven colours of the rainbow in sequence. • recite the poem with action.(SR) • use sound symbol correspondence to words with spellings.(SR) <p>Vidya Pravesh WS-43 Vidya Pravesh WS-50</p>	<ul style="list-style-type: none"> • recognize the colours of the rainbow in sequence. • recite the poem with action. • pronounce the alphabet and words with proper phonic sound. • analyze the initial sound with letter sound.
July'26	Lang. L -4	4	One and Many <ul style="list-style-type: none"> • rules of one and many 	To enable the learners to- <ul style="list-style-type: none"> • count and identify objects in both singular and plural form. • introduce pairs of words with contrasting meaning. 	The learners will be able to- <ul style="list-style-type: none"> • form new words by adding s or es to nouns. • use opposite words effectively in sentences.
	L- 5 L-6	5	I, You He, She, It We, You, They	<ul style="list-style-type: none"> • recognize pronouns and use them in sentences. 	<ul style="list-style-type: none"> • identify pronouns and use them in sentences.
	L- 7		He Group and She Group Words	<ul style="list-style-type: none"> • identify different gender and use them in sentences. 	<ul style="list-style-type: none"> • use gender in sentences.
	Lit. L - 4	7	Tina's Best Friends	<ul style="list-style-type: none"> • participate during read aloud session.(SR) • act out the story using props and puppets.(SR) • learn how certain animals can be adopted as a pet. 	<ul style="list-style-type: none"> • read the chapter loudly with correct modulation and pronunciation and develop related vocabulary. • act out a familiar story using props and puppets. • discover the joy and happiness of adopting a bird or animal as a pet.

	L - 5	7 (23)	At The School	<ul style="list-style-type: none"> develop values such as curiosity, punctuality and positive attitude towards school. Vidya Pravesh WS- 57 Vidya Pravesh WS-66	<ul style="list-style-type: none"> read small sentences consisting of at least 4 - 5 simple words. relate that going to school is fun and joyful where they can learn many new things.
Aug'26	Lang : L-8 L-9 L-10 Composition Lit : L - 6 Poem L - 7	2 2 3 2 6 6 (21)	Doing Words Is, Am, Are Is, Am, Are+ Verb+ing Paragraph Writing (Our National Flag) Sea Sounds Painting The Wall	To enable the learners to- <ul style="list-style-type: none"> select and use the action words. recognize am,is,are with respect to singular and plural. use 'ing' words to show actions that are taking place at the time of speaking. NCERT Class 1 Page no-24 <ul style="list-style-type: none"> write a few lines on Our National Flag. explore nature as a fun place to work and play. identify rhyming and opposite words from the poem. learn magic words such as sorry, please and thank you. identify the benefits of working together. 	The learners will be able to- <ul style="list-style-type: none"> identify and use doing words in sentences. use am,is,are while forming sentences. use 'ing' words to show actions describe the National Flag. enhance their vocabulary and explore new words. recognize rhyming words and opposite words from the poem. develop the habit of sharing and caring. recognize the different types of family relationships.
Sep'26	Lang: L -11 Lit : Poem	5 7	Has, Have Two Little Sisters	To enable the learners to – <ul style="list-style-type: none"> recognize has or have in a sentence according to singular and plural. recite the poem with action, correct pronunciation and voice modulation. 	The learners will be able to – <ul style="list-style-type: none"> use 'has or have' in sentences. recite the poem with action, correct pronunciation and modulation.

		(12)		<ul style="list-style-type: none"> learn new words and importance of relationship with siblings. 	<ul style="list-style-type: none"> imbibe the habit of sharing and caring between siblings.
Oct'26	Sem-2 Lang: L-12	2	A, An, The	<p>To enable the learners to-</p> <ul style="list-style-type: none"> relate a/an with respect to vowels and consonants. use 'The' with things that are only one of a kind. 	<p>The learners will be able to-</p> <ul style="list-style-type: none"> use 'a or an' while forming sentences in their daily life. use 'The' with things that are only one of a kind.
	L-13	3	Describing Words	<ul style="list-style-type: none"> use appropriate describing words. 	<ul style="list-style-type: none"> describe the things in their classroom.
	Lit:				
	L-1	4	The Fox and The Crane	<ul style="list-style-type: none"> learn about animals and their names including their food habits to connect with nature and their animal kingdom. develop reading skills, life skills and ethical values. 	<ul style="list-style-type: none"> connect animals and their young ones and their food habits. discover the joy of reading and to be polite, kind and friendly.
	L - 2	4	My Story- Bright, the Butterfly	<ul style="list-style-type: none"> gain communication skills, listening skills and life skills. learn about insects, their food habits, body parts and connect with nature. 	<ul style="list-style-type: none"> connect with their immediate surroundings. discover the joy of learning and show gratitude towards nature.
		(13)			
Nov'26	Lang:			<p>To enable the learners to-</p>	<p>The learners will be able to-</p>
	L-14	4	This, That, These, Those	<ul style="list-style-type: none"> identify the position of the objects -far or near along with singular and plural noun. 	<ul style="list-style-type: none"> tell the position of objects available in the classroom.
	L-15	4	In, On, Under, Behind, Near	<ul style="list-style-type: none"> identify the position of the object. 	<ul style="list-style-type: none"> select and place the prepositions in a sentence.

	Composi tion Lit : L -3 Poem	2 3	My Best Friend Kittens	<ul style="list-style-type: none"> • write a few lines on their Best Friend. • find the meaning of new words . • to enhance recitation skills and curiosity to learn more about pet animals. 	<ul style="list-style-type: none"> • write about their best friend. • discover the loving bond between human beings and animals. • discover the ethical values such as trust, helping others.
	L - 4	4 (17)	Four friends and Hunters	<ul style="list-style-type: none"> • identify different type of animals and birds, about their strengths and weaknesses. 	<ul style="list-style-type: none"> • learn about different kinds of animals, birds and ethical values such as love, trust, friendship, sharing, caring and helping others.
Dec'26	Lang: L – 16	5	Sentences	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • organize words to form simple sentences. 	<p>The learners will be able to-</p> <ul style="list-style-type: none"> • identify words in a meaningful way.
	Lit: L – 5 Poem	5 4	Comprehension The Baby's Dance	<ul style="list-style-type: none"> • read the passage and answer the questions. • recite the poem and identify the rhyming words. • discover the loving bond between a mother and her baby. 	<ul style="list-style-type: none"> • answer the questions from the passage given. • recite the poem with actions.
	L - 6	5 (19)	Playing Together	<ul style="list-style-type: none"> • learn about the importance and benefits of outdoor games. <p>NCERT Class 1 Pg-74</p>	<ul style="list-style-type: none"> • develop their critical thinking skills and qualities such as love between a mother and her child. • learn words related to a park and ethical values such as sharing and friendship.
Jan'27	Lang: L -17	4	And	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • join the sentences with the help of 'And'. 	<p>The learners will be able to –</p> <ul style="list-style-type: none"> • identify and in a sentence and correlate.
	L-18	5	Word Power	<ul style="list-style-type: none"> • name animals homes, their young ones, write rhyming words. 	<ul style="list-style-type: none"> • find hidden words from the given words.

	Lit: L - 7 Play	11 (20)	Grandfather's Farm	<ul style="list-style-type: none"> • develop vocabulary related to the chapter. • identify farm animals and the domestic animals. 	<ul style="list-style-type: none"> • build vocabulary. • name farm animals and domestic animals.
Feb'27	Lang: Lit: L - 8 Poem	3 3 4 (10)	Comprehension Composition Paragraph Writing(My Pet) My Box of Crayons	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • comprehend the story and answer the questions asked. • analyze and write on the given topic. • identify different colours. • discover the joy of using crayons. <p>NCERT Class 1 Page no-96</p>	<p>The learners will be able to –</p> <ul style="list-style-type: none"> • answer to the questions asked. • analyze and write on the given topic. • name different colours. • recite the poem with actions. • imbibe values of sharing and forgiving.

हिंदी

1. व्याकरण संबोध भाग-1 (मधुबन)

2. प्रत्युष हिंदी पाठमाला भाग -1 (न्यू सरस्वती हाउस)

शिक्षण विधि: खेल, कहानियाँ, निगमनात्मक तथा आगमनात्मक, संश्लेषणात्मक तथा विश्लेषणात्मक, वस्तु विधि, दृष्टांत विधि, कथन विधि, व्याख्यान विधि।

Months	Chapter	No. of Pr.	Topics	Learning Objective	Learning Outcome
April'26	Sem-1 व्याकरण पाठ - १	6	<ul style="list-style-type: none">भाषा	<ul style="list-style-type: none">(मौखिक,लिखित और सांकेतिक माध्यम से) अपनी बात कहने के लिए अवसर एवं प्रोत्साहित करना।वर्णों के सही क्रम का मौखिक और लिखित अभ्यास कराना।	<ul style="list-style-type: none">बच्चे विविध उद्देश्यों के लिए विभिन्न भाषाओं का इस्तेमाल करने या बातचीत करने में सक्षम होंगे।हिंदी के वर्णमाला के अक्षरों की आकृति बनाने व ध्वनि को पहचानने योग्य होंगे।
	पाठ - २ प्रत्युष पृष्ठ- २२,२३,२४	4	<ul style="list-style-type: none">वर्ण और वर्णमाला	<ul style="list-style-type: none">मात्राओं का ज्ञान एवं इसकी प्रयुक्तियाँ,पठन वाचन एवं शब्द निर्माण का ज्ञान।	<ul style="list-style-type: none">मात्राओं का ज्ञान एवं इसकी प्रयुक्तियाँ,पठन वाचन एवं शब्द निर्माण में सक्षम होंगे।
	पृष्ठ-२८,२९ पृष्ठ-३२,३३ पृष्ठ- १२,१४,१६, २०	4	<ul style="list-style-type: none">आ की मात्रा और अमात्रिक शब्द(मदन और कमला)	<ul style="list-style-type: none">मेरा नाम और जन्मदिन - मौखिक भाषा के विकास हेतु दोस्तों शिक्षको से संवाद (S.R) NCERT Class 1 पृष्ठ-20,22	<ul style="list-style-type: none">बच्चों में अपने विचारों को अभिव्यक्त करने की क्षमता का विकास और व्यक्तिगत पहचान की जानकारी।

		4 (18)	<ul style="list-style-type: none"> इ(ि)और ई(ी)की मात्रा(चींटी की शादी) 	<ul style="list-style-type: none"> बच्चों से साफ - सफाई अपनाने पर जोर और स्वच्छता के प्रति जागरूक बनने हेतु प्रेरित करना (S.R) <p>Vidya Pravesh WS-37 Vidya Pravesh WS-115 NCERT Class 1 पृष्ठ-41,52</p>	<ul style="list-style-type: none"> बच्चों के मौखिक भाषा का विकास होगा एवं बच्चे स्वच्छता के प्रति जागरूक होंगे। बच्चों को रंगों, आकृतियों, आदि की जानकारी। बच्चे कविता से तुकांत शब्द पहचानने और बनाने में सक्षम होंगे।
May'26	व्याकरण पाठ - ३ प्रत्युष पृष्ठ -३८	4 4 2 (10)	<ul style="list-style-type: none"> मात्राएँ। उ(ु) और ऊ (ू) की मात्रा 	<ul style="list-style-type: none"> मात्राओं की पहचान तथा मात्रा लगाकर खेल - खेल में शब्द बनाने का मौखिक तथा लिखित अभ्यास। (समूह कार्य) अपनी पसंद की वस्तुओं के चित्र बनाना और उनके नाम लिखना।(SR) सीखे गए वर्णों को पहचानना और मिलाना।(SR) <p>Vidya Pravesh WS-49 NCERT Class 1 पृष्ठ-69</p>	<ul style="list-style-type: none"> बच्चे मात्राओं की पहचान तथा मात्रा लगाकर शब्द बनाने में योग्य होंगे। परिचित शब्दों में ध्वनि पहचानना।बच्चे अब तक सीखे गए वर्णों को पहचानने और मिलाने में सक्षम होंगे। बच्चे अपनी मन पसंद वस्तु बनाने, उनका नाम लिखने में सक्षम होंगे। बच्चे पुस्तक/पोस्टर में आए शब्दों में सीखे गए वर्णों को पहचानने में सक्षम होंगे।

June'26	व्याकरण पाठ - ४ प्रत्युष पृष्ठ - ४४,४५ पृष्ठ- ४७,४९	3 2 4 2 (11)	<ul style="list-style-type: none"> • (शब्द और वाक्य) • ऋ की मात्रा • ए (े)और ऐ(ै) की मात्रा (चिरैया) एवं (सुरेश और मैना) • निबंध- मेरी प्रिय शिक्षिका 	<ul style="list-style-type: none"> • शब्दों और वाक्य के निर्माण का अभ्यास। • मात्राओं की पहचान तथा मात्रा लगाकर शब्द बनाने का मौखिक तथा लिखित अभ्यास। NCERT Class 1 पृष्ठ-83,84 • सोचने की क्षमता को बढ़ाना। • अपने आस पास के जानवरों और पक्षियों की आवाज निकालना और पहचाना।(S.R) Vidya Pravesh WS-65 	<ul style="list-style-type: none"> • बच्चे शब्दों का वाक्य में महत्व व प्रयोग जानेंगे। • मात्राओं का ज्ञान एवं इसकी प्रयुक्तियाँ,पठन वाचन एवं शब्द निर्माण में सक्षम होंगे। • बच्चों में सोचने की क्षमता का विकास होगा। • बच्चे विभिन्न जानवरों और पक्षियों की ध्वनियों को पहचानेंगे और उनमें अंतर कर पाएंगे।
July'26	व्याकरण पाठ - ५ प्रत्युष पृष्ठ- ५४,५६ पृष्ठ- ६०,६१,६२,६३,६४ पृष्ठ- ७०,७२	4 7 5 7	<ul style="list-style-type: none"> • नाम वाले शब्द (संज्ञा) • ओ(ो)और औ (ौ)की मात्रा (दौड़ो - दौड़ो) • अनुस्वार,अनुनासिक,विसर्ग (एक डाल पर बैठा बंदर) और (प्रातः) 	<ul style="list-style-type: none"> • प्राणियों और वस्तुओं के नाम वाले शब्दों का मौखिक तथा लिखित अभ्यास। • बिना स्वर वाले व्यंजन तथा रहित व्यंजन का अभ्यास। NCERT Class 1 पृष्ठ-90 NCERT Class 1 पृष्ठ-100 • संयुक्ताक्षरों और द्वित्व व्यंजनों की पहचान। • कहानी सुनकर समझना और सोचने की क्षमता को बढ़ाना।(SR) 	<ul style="list-style-type: none"> • नाम वाले शब्दों की पहचान। • एक ही तरह के प्राणियों और वस्तुओं के नाम वाले शब्दों का मौखिक तथा लिखित अभ्यास करेंगे। • बिना स्वर वाले व्यंजन तथा रहित व्यंजन के शब्द बनाने में सक्षम होंगे। • बच्चे कविता में आए संयुक्ताक्षरों और द्वित्व व्यंजनों को पहचानने में सक्षम होंगे।

		(23)	<ul style="list-style-type: none"> संयुक्त व्यंजन, संयुक्ताक्षर एवं द्वित्व व्यंजन (राजकुमारी) 	<p>Vidya Pravesh WS-116</p> <p>Vidya Pravesh WS-52</p>	<ul style="list-style-type: none"> चित्र देखकर कहानी बनाने और शीर्षक बताने में सक्षम।
Aug' 26	<p>व्याकरण पाठ - ६</p> <p>प्रत्युष पृष्ठ - ६७</p> <p>पृष्ठ - ७५</p> <p>पृष्ठ - ७८</p> <p>पृष्ठ - ७९,८३</p>	<p>3</p> <p>3</p> <p>5</p> <p>2</p> <p>6</p> <p>2</p> <p>(21)</p>	<ul style="list-style-type: none"> लड़का - लड़की (लिंग) दोस्त के जूते र के रूप नुक्ता बाराखडी एवं बाराखडी की मात्राएँ। निबंध- मेरा घर 	<ul style="list-style-type: none"> लिंग वचन की पहचान करना। अपने आस पास उपस्थित लोगों वह अन्य प्राणियों के उदाहरणों द्वारा लड़का लड़की की पहचान करना । मात्राओं का ज्ञान युक्तियाँ ,पाठ वचन एवं शब्द निर्माण का ज्ञान। सोचने की क्षमता को बढ़ाना। 	<ul style="list-style-type: none"> व्याकरणिय भाषा ज्ञान तथा लेखन भाषा का विकास होगा। बच्चों में सोचने की क्षमता का विकास होगा।
Sept' 26	<p>व्याकरण पाठ - ७</p>	12	<ul style="list-style-type: none"> एक-अनेक (वचन) 	<ul style="list-style-type: none"> अपने आस पास की वस्तुओं को गिन कर एक अनेक की पहचान करना । 	<ul style="list-style-type: none"> बच्चे पहचान एवं उपयोग पर विशेष बल देंगे।
Oct' 26	<p>Sem-2</p> <p>व्याकरण पाठ - ८</p> <p>पाठ - ९</p>	<p>3</p> <p>3</p>	<ul style="list-style-type: none"> नाम की जगह (सर्वनाम) 	<ul style="list-style-type: none"> नाम की जगह प्रयोग होने वाले शब्दों का प्रयोग ज्ञान करना । 	<ul style="list-style-type: none"> बच्चे नियमों का अनुकरण करेंगे। पठन वचन श्रवण कौशल एवं लयात्मक ज्ञान में वृद्धि होगी।

	प्रत्युष पृष्ठ-८५,८७	3 2 2 (13)	<ul style="list-style-type: none"> • कैसा - कितना (विशेषण) • विराम चिन्ह • (मेंढकों की बहादुरी) • निबंध-चिड़ियाघर 	<ul style="list-style-type: none"> • कैसा-कितना बताने वाले शब्दों से परिचित कराना। • विराम चिन्हों की पहचान एवं प्रयोग ज्ञान। NCERT Class 1 पृष्ठ-89 • सोचने की क्षमता को बढ़ाना। 	<ul style="list-style-type: none"> • बच्चों में सोचने की क्षमता का विकास होगा।
Nov'26	व्याकरण पाठ - १० प्रत्युष पाठ -१ पाठ - २ पाठ - ३	4 3 5 5 (17)	<ul style="list-style-type: none"> • काम बताने वाले शब्द (क्रिया) • प्रार्थना • बागवानी • भला बालक 	<ul style="list-style-type: none"> • काम बताने वाले शब्द (क्रिया) का प्रयोग ज्ञान कराना । • कविता की विषय वस्तु पर बात कराना । • कहानी को अपने तरीके और अपनी भाषा में कहने सुनाने में सक्षम बनाना। 	<ul style="list-style-type: none"> • बच्चे काम बताने वाले शब्द (क्रिया) का प्रयोग जानेंगे। • बच्चों को नैतिक मूल्यों की जानकारी प्राप्त होगी। • बच्चे कहानी पढ़ने,प्रश्न पूछने और निजी अनुभवों को साझा करने में सक्षम होंगे।
Dec'26	व्याकरण पाठ -११ प्रत्युष पाठ -४	4 7	<ul style="list-style-type: none"> • एक जैसे अर्थ वाले शब्द(समानार्थी शब्द) • मम्मी मुझको चांद बना दो 	<ul style="list-style-type: none"> • सामान्य गतिविधियों द्वारा विषय वस्तु पर चर्चा। • शब्दों में प्रयुक्त मात्राओं से परिचित करवाना। • बच्चों को चित्र, घटना, कहानी आदि के बारे में बातचीत करने में सक्षम बनाना। 	<ul style="list-style-type: none"> • बच्चों को समानार्थी शब्द की जानकारी प्राप्त होगी । • सामाजिक भावनात्मक सीख तथा जीवन कौशल की शिक्षा।

		4 4 (19)	<ul style="list-style-type: none"> • चित्र वर्णन • चित्र कथा 	NCERT Class 1 पृष्ठ-107	<ul style="list-style-type: none"> • बच्चे कहानी पढ़ने, प्रश्न पूछने और निजी अनुभवों को साझा करने में सक्षम होंगे।
Jan'27	व्याकरण पाठ- १२	5	<ul style="list-style-type: none"> • उल्टे अर्थ वाले शब्द(विलोम शब्द) 	<ul style="list-style-type: none"> • उल्टे अर्थ वाले शब्दों से परिचित करवाना। NCERT Class 1 पृष्ठ-105	<ul style="list-style-type: none"> • उल्टे अर्थ वाले शब्दों का प्रयोग करने में सक्षम होंगे।
	प्रत्युष पाठ - ६	6	<ul style="list-style-type: none"> • कामचोर गधा 	<ul style="list-style-type: none"> • कहानी को अपने तरीके और अपनी भाषा में कहने सुनाने में सक्षम बनाना। 	<ul style="list-style-type: none"> • पढ़ी कहानी में लिपि चिन्हों/शब्दों/वाक्यों आदि को देखकर और उनकी ध्वनि को सुनकर समझकर उनकी पहचान कर पाएंगे।
	पाठ - ७ निबंध	6	<ul style="list-style-type: none"> • चिड़िया और राजा 	NCERT Class 1 पृष्ठ-53	
		3 (20)	<ul style="list-style-type: none"> • राष्ट्रीय फल 	<ul style="list-style-type: none"> • सोचने की क्षमता को बढ़ाना। 	<ul style="list-style-type: none"> • बच्चों में सोचने की क्षमता का विकास होगा।
Feb'27	व्याकरण पाठ - १५	5	<ul style="list-style-type: none"> • गिनती 	<ul style="list-style-type: none"> • बच्चों को हिंदी के अंकों और शब्दों में गिनती से परिचित करवाना। 	<ul style="list-style-type: none"> • बच्चे कक्षा में मौजूद वस्तुओं को गिनने में सक्षम होंगे।
	प्रत्युष पृष्ठ- ११९,१२०	5 (10)	<ul style="list-style-type: none"> • सब्जियों के नाम 	<ul style="list-style-type: none"> • विविध सब्जियों की पहचान करवाना। 	<ul style="list-style-type: none"> • बौद्धिक ज्ञान में वृद्धि।

MATHEMATICS**1. Tulips (Semester I & II) (Oxford)**

Pedagogies - Critical Thinking, Collaboration, Problem-Solving, Conceptual Understanding, Experiential Learning, Multidisciplinary Approach, Application Based, Project Methods, Logical Reasoning.

Month	Chapter	No.of Pr.	Topics	Learning objective	Learning outcome
April'26	Sem-1 L-1	4 5 4 5 (18)	Pre-Number Concept <ul style="list-style-type: none"> no's up to 20 no. names compare the objects before and after 	To enable the learners to- <ul style="list-style-type: none"> observe and identify the things on visual parameters. draw and colour the objects present in the classroom and compare . count objects up to 20 through flash cards. (SR) reads and writes numbers up to 99.(SR) Vidya Pravesh WS-41 Vidya Pravesh WS-42 NCERT Class 1 Pg-47 NCERT Class 1 Pg-75	Learners will be able to- <ul style="list-style-type: none"> compare objects based on their size. identify spatial and relative position of an object and use related vocabulary. count objects up to 20. read and write numbers up to 99.
May'26	L-2	4 3 3 (10)	Numbers from 1 to 9 <ul style="list-style-type: none"> count and circle the numbers match the numbers with number names. table of 2 	To enable the learners to- <ul style="list-style-type: none"> use fingers to count the numbers and associate with their number names. memorize tables through repeated addition . recite short poems using numbers.(SR) compare big and small ,tall and short (SR) recognize objects many and few. (SR) 	Learners will be able to- <ul style="list-style-type: none"> write the numbers in order . read and write number names . relate the tables with addition. create short poems using number names. compare objects based on their size and length . compare two groups of objects and associate them with many and few.

				Vidya Pravesh WS-44 Vidya Pravesh WS-112 NCERT Class 1 Pg-11 NCERT Class 1 Pg-33	
June'26	L-3	6	Numbers up to 20 <ul style="list-style-type: none"> • concept of numbers 	To enable the learners to – <ul style="list-style-type: none"> • learn numbers and number names up to 20. • identify the order of numbers from 1 to 20. 	Learners will be able to- <ul style="list-style-type: none"> • tell the place value of digits up to 20. • identify the numbers till 20.
		5	<ul style="list-style-type: none"> • table of 3 	<ul style="list-style-type: none"> • learn the table through repeated addition. 	<ul style="list-style-type: none"> • relate the tables with repeated addition.
		(11)		<ul style="list-style-type: none"> • use addition and subtraction of numbers up to 9.(SR) • identify objects in terms of their location e.g. inside or outside. (SR) Vidya Pravesh WS-91	<ul style="list-style-type: none"> • use addition and subtraction in their daily life. • use spatial and relative position of an object.
July'26	L-4	6	Comparison of numbers <ul style="list-style-type: none"> • greater than, less than, equal to 	To enable the learners to- <ul style="list-style-type: none"> • learn to use symbols <, >, = 	Learners will be able to- <ul style="list-style-type: none"> • use symbols <, >, =
		6	<ul style="list-style-type: none"> • ascending and descending order 	<ul style="list-style-type: none"> • arrange numbers in ascending and descending order. 	<ul style="list-style-type: none"> • write the numbers in ascending and descending order.
	L - 5	6	<ul style="list-style-type: none"> • numbers up to 50 	<ul style="list-style-type: none"> • learn numbers and number names up to 50. • identify the order of numbers from 1 to 50. 	<ul style="list-style-type: none"> • tell the place value of digits up to 20. • identify the numbers till 20.
		5	<ul style="list-style-type: none"> • table of 4 	<ul style="list-style-type: none"> • learn the table of 4. 	<ul style="list-style-type: none"> • tell the table of 4 through repeated addition.

		(23)		<ul style="list-style-type: none"> observe and describe physical properties of solid shapes.(SR) Vidya Pravesh WS-109 Vidya Pravesh WS-84 NCERT Class 1 Page no-95 	<ul style="list-style-type: none"> describe corners and edges of 3D shapes from the surrounding.
Aug'26	L- 6	3 4 3	<p>Numbers up to 100</p> <ul style="list-style-type: none"> place value missing numbers abacus 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> know the place value of the digits up to 100. identify the missing numbers. draw the beads on the abacus. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> write the digits according to the place value. fill in the missing numbers up to 100. tell the numbers shown on the abacus.
	L - 7	2 3 2 2 2 (21)	<p>Addition</p> <ul style="list-style-type: none"> zero in addition addition on the number lines addition in expanded form vertical addition table of 5 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> identify and recognize zero. explain the concept of addition of numbers with zero. arrange the numbers on number line. illustrate the numbers using place value. arrange the numbers according to place value and add. learn the table of 5. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> use addition in daily life situations. add zero. learn addition vocabulary. do vertical addition. tell the table of 5 through repeated addition.
Sep'26	L-8	2 2	<p>Subtraction</p> <ul style="list-style-type: none"> zero in subtraction subtraction 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> explain the concept of addition of numbers with zero. memorize vocabulary related to subtraction and demonstrate their 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> subtract zero. use subtraction in daily life situations. learn vocabulary on subtraction.

		2 2 2 2 (12)	<p>on the number lines</p> <ul style="list-style-type: none"> • related vocabulary • backward counting • vertical subtraction • word problems 	<p>understanding of subtraction by counting backwards .</p> <ul style="list-style-type: none"> • solve vertical subtraction and word problems. <p>NCERT Class 1 Pg-56</p>	<ul style="list-style-type: none"> • subtract by counting backwards. • do vertical subtraction and word problems.
Oct'26	Sem-2 L-1 L-2	2 3 4 4 (13)	<p>Skip Counting</p> <ul style="list-style-type: none"> • repeated addition • table of 6 <p>Three-digit numbers up to 500</p>	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • do skip counting using the number line and as repeated addition. • learn three-digit numbers and the place value of the digits. • represent the numbers on abacus. • represent numbers in expanded form. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • use repeated addition for skip counting. • identify three-digit numbers and its place value. • show the correct number on abacus. • Discover the expanded form of three-digit numbers.
Nov'26	L-3	2	<p>Measurement</p> <ul style="list-style-type: none"> • length 	<p>To enable learners to-</p> <ul style="list-style-type: none"> • estimate and verify length using non-standard non-uniform units. • learn to compare length of object. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • use measurement in daily life situations. • compare taller/shorter heavy/light objects.

	L-4	2 2 2 2 2 1 1 2 1 (17)	<ul style="list-style-type: none"> weight capacity <p>table of 7</p> <p>Time</p> <ul style="list-style-type: none"> clock hours and minutes days of the week months of the year number names table of 8 	<ul style="list-style-type: none"> use the terms heavy and light to describe the weight of objects. compare the capacity of different containers. NCERT Class 1 Pg-78 NCERT Class 1 Pg-80 learn about hours and minutes. identify hour and minute hand. learn the name of days of the week and months of the year. learn the spellings of numbers. 	<ul style="list-style-type: none"> classify the capacity of different containers. show and tell the time. recognize hour and minute hand. identify name of the months and days of the week. represent the numbers in words.
Dec'26	L-5 L-6	7 5 7 (19)	<p>Money</p> <ul style="list-style-type: none"> Indian coins and notes <p>Shapes and</p> <p>Patterns</p>	<p>To enable learners to-</p> <ul style="list-style-type: none"> become familiar/compare Indian coins and notes. learn to add money. create and recite short poems and stories using shapes. identify basic shapes and their sides and corners. identify simple repeating patterns. create their own simple repeating pattern. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> identify and compare rupees and coins and relate them to day-to-day life. use money efficiently in day-to-day life. recite poems and tell stories related to shapes. draw and name the basic shapes, their sides and corners. observe and recognize patterns repeating patterns in daily life. complete missing parts of a pattern correctly.

GENERAL AWARENESS**Tulips - Semester 1 & 2 (OXFORD)****Pedagogies: Experiential Learning, Digital Pedagogy, Social & Individual Constructivism, Kinesthetics Learning, Inquiry Based Learning, Demonstration Methods, Collaborative Learning and Game Based Learning.**

Month	Chapter	No. of Pr	Topics	Learning Objective	Learning Outcomes
April'26	Sem – 1 L-1	4 5 5 4 (18)	Me and My Family <ul style="list-style-type: none"> • about myself • love and care in the family 	To enable the learners to- <ul style="list-style-type: none"> • define the importance of family. • develop the feeling of respect and responsibility towards family. • speak few sentences about their family (SR). 	Learners will be able to - <ul style="list-style-type: none"> • explain the importance of family. • show love and respect towards family members.
May'26	L-2	5 5 (10)	Small, Large and Joint Family <ul style="list-style-type: none"> • types of families • roles of family members 	To enable the learners to- <ul style="list-style-type: none"> • identify different types of families. • name different family members. • draw their family tree. Paste pictures of their family members, write their names and mention what kind of family they live in (SR). 	Learners will be able to – <ul style="list-style-type: none"> • identify and explain different types of families and the members of their family.
June '26	L-3	5 4 2 (11)	My Home <ul style="list-style-type: none"> • importance of a home • rooms in a house 	To enable the learners to- <ul style="list-style-type: none"> • explain the importance of home. • identify different rooms in a house. • draw a house using different shapes (SR) 	Learners will be able to- <ul style="list-style-type: none"> • define a home in simple words. • identify the use of each room of a house.

Sept '26	L-8	5 5 2 (12)	Animals and Birds <ul style="list-style-type: none"> • types of animals • homes of animals and birds • care for animals 	To enable the learners to- <ul style="list-style-type: none"> • identify different types of animals and their eating habits. • recognise the shelter or homes of animals. • develop kindness and care towards animals. 	Learners will be able to – <ul style="list-style-type: none"> • name different types of animals. • differentiate between land and water animals. • show care and kindness towards animals.
Oct '26	Sem – 2 L-1	1 5 3 5 (14)	My Neighbourhood <ul style="list-style-type: none"> • places in our neighbourhood • importance of neighbourhood 	To enable the learners to- <ul style="list-style-type: none"> • identify places found in their neighbourhood. • explain the importance of different places in the neighbourhood. 	Learners will be able to – <ul style="list-style-type: none"> • identify common places in their neighbourhood. • describe the role of different places.
Nov '26	L-2 L-3	5 4 5 4 (18)	People Who Help Us <ul style="list-style-type: none"> • importance of community helpers Air <ul style="list-style-type: none"> • importance of air • uses of air • ways to keep air clean 	To enable the learners to- <ul style="list-style-type: none"> • identify and name helpers in the community. • explain the work done by different people who help us. • explain the importance of air. • recognise why air is useful. • distinguish between wind and breeze. 	Learners will be able to – <ul style="list-style-type: none"> • identify and name different community helpers. • describe the work of people who help us. • understand that air is necessary for breathing and living things. • explain the importance and uses of air.

Feb '27	L-8	5 3 1 1 (10)	<p>Festivals are Fun</p> <ul style="list-style-type: none"> • different festivals we celebrate • respecting all festivals 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • identify different festivals celebrated in India. • describe how festivals are celebrated. 	<p>Learners will be able to -</p> <ul style="list-style-type: none"> • identify different festivals celebrated in India. • develop respect for different cultures and traditions.
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LIFE SKILLS					
1. Ready for life level -1 (Charles Baker Book Ltd.)					
Pedagogies- Experiential Learning Approach, Story- Telling, Toy Based Learning, Group Activities, Peer Learning and Positive Interactions.					
Month	Chapter	No. of Pr.	Topics	Learning Objective	Learning Outcome
Apr'26	L-1	8	<ul style="list-style-type: none"> I am Special 	To enable the learners to- <ul style="list-style-type: none"> converse with friends and teachers about their strength and weakness. recognize their self-esteem. 	Learners will be able to- <ul style="list-style-type: none"> talk about their strength and weaknesses. develop a sense of self value.
May'26	L-1	4	<ul style="list-style-type: none"> I am Unique 	To enable the learners to- <ul style="list-style-type: none"> boost their self-esteem and to perform good deeds. 	Learners will be able to- <ul style="list-style-type: none"> develop communication skills. carry out good deeds for others.
June'26	L-2	4	<ul style="list-style-type: none"> I am Strong 	To enable the learners to- <ul style="list-style-type: none"> identify their emotions and feelings. select from different types of emotions. 	Learners will be able to- <ul style="list-style-type: none"> stay away from worries and remain happy.
Jul' 26	L-3	10	<ul style="list-style-type: none"> I am Kind 	To enable the learners to- <ul style="list-style-type: none"> be aware of the importance of kindness. recall the story. 	Learners will be able to- <ul style="list-style-type: none"> empathize with the feelings of others in their real life. relate with the story "Helpful Harry".
Aug' 26	L-4	8	<ul style="list-style-type: none"> I am a Thinker 	To enable the learners to- <ul style="list-style-type: none"> encourage them to realize the importance of being curious. improve their critical thinking. 	Learners will be able to- <ul style="list-style-type: none"> begin thinking critically. relate to the fairy tale.
Sept' 26	L-5	8	<ul style="list-style-type: none"> I am Creative 	To enable the learners to-	Learners will be able to-

				<ul style="list-style-type: none"> • talk about different creative ideas and the print available in the classroom. • generate new ideas through discussions. 	<ul style="list-style-type: none"> • exchange various creative ideas among themselves. • develop a sense of classification and comparison to choose the best option.
Oct'26	L-6	4	<ul style="list-style-type: none"> • I am Smart 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • categorize the problem pyramid. • find solutions to their problems. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • discover solutions rather than focusing on problems.
Nov'26	L-7	6	<ul style="list-style-type: none"> • I am a Speaker 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • introduce themselves. • converse with others and in pairs. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • create their own simple sentences. • engage in conversations to ask questions and listen to others.
Dec'26	L-8	8	<ul style="list-style-type: none"> • I am Friendly 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • develop positive relationships and friendships with others. • realize the importance of relationship. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • build good relationship with others. • develop interpersonal relationship.
Jan'27	L-9	8	<ul style="list-style-type: none"> • I am Relaxed 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • identify various techniques to calm the body. • learn the idea of relaxation through meditation. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • choose their ways of relaxation . • deal with stress and develop an idea of being stress free with practice.
Feb'27	L-10	4	<ul style="list-style-type: none"> • I am Intelligent 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • develop a sense of decision making. • identify the right choice and making the right decision. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • analyze their problems step-by-step in their day-to-day life. • select the clear choices by making right decisions in life.

ART AND CRAFT					
1. My World of Art and Craft - C					
Pedagogies: Experiential Learning, Art Integrated Learning.					
Month	Chapter	No. of Pr.	Topics	Learning Objective	Learning Outcome
April '26	Page 1, 2	5	A Parachute	To enable the learners to- <ul style="list-style-type: none"> • explore basic line formations (linear, curved lines etc.) • use different colours for different shapes. UPAAN Pg-2 (Explore types of lines)	Learners will be able to- <ul style="list-style-type: none"> • gain knowledge about lines and forms.
May '26	Page 3,4	5	The Hippo	To enable the learners to- <ul style="list-style-type: none"> • draw animal figures. • know the natural forms. 	Learners will be able to- <ul style="list-style-type: none"> • explore animal figures. • make natural forms.
June '26	Page 5	5	The Tractor	To enable the learners to- <ul style="list-style-type: none"> • recognize and draw mechanical structures. • create geometrical shapes. • explore basics of composition making. Bansuri Pg-3 (Objects around us)	Learners will be able to- <ul style="list-style-type: none"> • analyse colour plan. • develop compositional scenes.

July '26	Page 6,7	5	Sea shore	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • sketch composition with pencil. • apply colouring technique. <p>UPAAN Pg-21 (Discussion on water)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • draw and learn about natural composition. • apply bright colour scheme.
Aug '26	-	5	Independence Day	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • explore colour scheme. • explore cultural values. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • gain knowledge of variation in colour scheme. • discover cultural diversity.
Sept'26	Page 8	5	An Ostrich	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • draw bird figures. • draw curved lines and shapes like oval. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • explore feathers, bird structure and movements. • make different shapes.
Oct '26	Page 9, 10	5	A Scenery	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • create basic composition. <p>Bansuri Pg-14 (Draw from Nature)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • explore multi subjective sketches. • draw basic composition.
Nov'26	-	5	Diwali Celebration	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • create basic patterns. • make cards. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • make cards in different styles. • add patterns in sketch.

Dec '26	-	5	A Snowy Night	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • explore cool colours. • create compositional drawing. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • use cool colours for drawing. • Make basic compositions.
Jan '27	Page 11, 12	5	My Pet	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • sketch using curved and linear lines. <p>Bansuri Pg-22 (Animals in Art)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • create figures and colour with basic shades.
Feb'27	Page 13	5	Sunset scene	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • explore warm colours. • create natural composition. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • differentiate between warm and cool colours. • draw compositions including natural elements.

MUSIC					
Pedagogies : Experiential Learning, Competency based skill, Learning by doing and Storytelling.					
Month	Chapter	No. of pr.	Topics	Learning objective	Learning outcome
April'26	-	2	<ul style="list-style-type: none"> Om, Gaytri Mantra (Shuddha Uccharan) 	To enable the learners to- <ul style="list-style-type: none"> explore the importance of mantras in our life. classify swars in music and their perfect frequency and amplitude. identify musical tone. NCERT Ch-12 Activity (12.1b) (identify the picture of instruments and sounds.)	Learners will be able to- <ul style="list-style-type: none"> recognize Om Uccharan as an essential part of yoga and develop its perfect pronunciation. sing with Casio tune.
May'26	-	2	<ul style="list-style-type: none"> Ek Kauwa Pyasa 	To enable the learners to- <ul style="list-style-type: none"> face difficulties in life. 	Learners will be able to- <ul style="list-style-type: none"> interpret how to use their intelligence in difficult situations.
June'26	-	2	<ul style="list-style-type: none"> Acchutam Keshwam (Bhajan) 	To enable the learners to- <ul style="list-style-type: none"> demonstrate Lord Krishna's life story. 	Learners will be able to- <ul style="list-style-type: none"> respond to the devotional feeling towards Lord Krishna.
July'26	-	2	<ul style="list-style-type: none"> Nanha Munna Rahi Hoon (Bal Rastriya Geet) 	To enable the learners to- <ul style="list-style-type: none"> identify nationalism and patriotism among themselves. 	Learners will be able to- <ul style="list-style-type: none"> adopt nationalist sentiments among themselves.

		2 (4)	<ul style="list-style-type: none"> • Ek Chidiya Ke Bache Chaar 	<ul style="list-style-type: none"> • identify musical sounds like Harmonium, Sitar, Guitar etc. <p>NCERT (Ch-12) Activity (12.1a) (Instruments sound)</p>	<ul style="list-style-type: none"> • recognize the sounds of different musical instruments.
Aug '26	-	2 2 (4)	<ul style="list-style-type: none"> • Dekho Sawan Aaya (song) • National song 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • demonstrate and feel the joy of rainy season. • embrace patriotism among themselves. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • interpret the types of seasons in India. • adopt nationalist sentiments among themselves.
Sept'26	-	1 1 (2)	<ul style="list-style-type: none"> • Raghu Pati Raghav 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • summarise the life of Mahatma Gandhi. • recognize beat in songs. <p>NCERT (Ch-13) Activity (13.1) beat with clap</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • recognize the life story of Mahatma Gandhi and his contributions to the nation. • interpret perfect beat.
Oct'26	-	2	<ul style="list-style-type: none"> • Jai Jai Bhavani (Mata Bhajan) 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • identify the story of Lord Rama's life. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • identify the significance and cultural importance of Durga Puja celebrations.
Nov'26	-	2	<ul style="list-style-type: none"> • Ye Toh Sach Hai (parents song) 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • respect the role and significance of parents. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • realize the importance of parents in our life.

Dec'26	-	2 1 (3)	<ul style="list-style-type: none"> • Ye Mat Kaho Khuda se • Christmas song 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • appraise the sense of positivity. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • build positivity among themselves.
Jan'27	-	3	<ul style="list-style-type: none"> • Jago Tum Jago (patriotic song) 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • develop and demonstrate patriotism among themselves. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • describe the struggles that led to India's independence.
Feb'27	-	2	<ul style="list-style-type: none"> • Mata Saraswati (Vandana) 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • develop awareness about goddess Saraswati. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • demonstrate the reason for the celebration of Saraswati puja.

DANCE					
Pedagogy: Experiential learning, Learning by doing, Cooperative learning, Comprehension and Performance					
Month	Chapter	No. of Pr.	Topics	Learning Objective	Learning Outcome
April'26	-	4	<ul style="list-style-type: none"> • Aerobics 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • recognize aerobics and its contribution to overall health. • develop vocabulary related to aerobics such as warm-up, cool-down, rhythm etc. <p>NCERT (Ch-16) (activity- 16.1)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • identify and use new dance-related vocabulary. • demonstrate basic dance steps and movements with coordination and rhythm.
May'26	-	2	<ul style="list-style-type: none"> • Oh,my friend Ganesha 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • memorize the lyrics and rhythm of the song. • recognize the cultural significance of Lord Ganesha in Hindu mythology. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • recall the lyrics and rhythm of the song. • perform dance movements that reflect the mood and meaning of the song.
June'26	-	2	<ul style="list-style-type: none"> • Walking Walking 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • recall the basic steps of walking and dancing. • identify the key components of proper posture and balance while walking and dancing. <p>NCERT (Ch-16) (activity- 16.2) dance with tempo</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • perform the basic steps of walking and dancing. • remember key principles of posture and balance in both activities.
July'26	-	4	<ul style="list-style-type: none"> • Bum Bum Bole • Rolly Polly 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • interpret the cultural significance of the dance with its context. • comprehend the emotions conveyed through the dance movements. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • perform the steps in the dance. • explain the cultural significance of the dance within its context.

				<ul style="list-style-type: none"> demonstrate the ability to perform the dance steps accurately. 	<ul style="list-style-type: none"> perform the dance steps accurately and with appropriate timing.
Aug'26	-	4	<ul style="list-style-type: none"> Wakka Wakka 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> recognize the historical and cultural background of the dance, including its connection to the FIFA World Cup and its representation of African culture and unity. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> develop and present unique renditions of the dance. showcase creativity and innovation in movements and expressions.
Sept'26	-	4	<ul style="list-style-type: none"> Zumba 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> identify the basic principles and components of Zumba dance. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> describe how various dance styles are incorporated into Zumba routines.
Oct'26	-	2	<ul style="list-style-type: none"> Boom Boom 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> recall the basic steps of the dance. interpret the emotions conveyed through dance movements. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> perform the basic steps of the dance. recognize and name specific movements within the dance routine.
Nov'26	-	3	<ul style="list-style-type: none"> Itni Si Hasi Itni Si Khushi 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> recall the basic steps of the dance. explain the emotions conveyed in the song and how they relate to the movements of the dance. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> engage progressively in deeper levels of cognitive processing, from basic recalling of the dance steps to creative synthesis, in the context of learning and performing a dance routine.
Dec'26	-	3	<ul style="list-style-type: none"> Dil Hai Chhota Sa Chhoti Si Asha 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> repeat the basic steps and choreography of the dance. relate to the cultural significance of the song with the context of Bollywood music. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> perform the dance steps with precision, expression, and cultural understanding. gain a deeper appreciation for Bollywood music and identify dance as a form of artistic expression.

Jan'27	-	3	<ul style="list-style-type: none"> • It's a Dance party 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • remember the sequence of steps in a simple dance routine. • relate to the dance and the purpose of warm-up and cool-down exercises in dance. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • recall at least three dance moves learned in previous lessons. • grasp concept of rhythm by clapping or tapping along to a beat. • explain the importance of warming up before engaging in dance activities to prevent injury.
Feb'27	-	2	<ul style="list-style-type: none"> • Sapne Mere Sach Ho Jana Re 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> • recognize the basic dance steps. • identify the theme and emotions conveyed by the song. • comprehend the meaning of the lyrics and relate it to their personal experiences. 	<p>Learners will be able to-</p> <ul style="list-style-type: none"> • recall the lyrics and melody of the song accurately. • remember and demonstrate the basic dance steps taught during the session. • grasp the meaning of the lyrics and relate it to their own experiences.

PHYSICAL EDUCATION**Pedagogies: Experiential Learning, Learning by doing, Game based learning.**

Months	Chapter	No.of. Pr	Topics	Learning Objective	Learning Outcome
April'26	-	4	<ul style="list-style-type: none">Freehand exercises	To enable the learners to- <ul style="list-style-type: none">perform exercises, learn balance, concentration, body posture and also learn their ability to follow instructions.	Learners will be able to- <ul style="list-style-type: none">realize the importance of correct body posture, build strength and free hand work to boost immunity.
May'26	-	3	Mama harvla chapatra (Rumal Chor)	To enable the learners to- <ul style="list-style-type: none">learn speed, attention, alertness, quick reflexes while observing movements. UPAAN (Pg-27)	Learners will be able to- <ul style="list-style-type: none">develop self -confidence and courage.
June'26	-	3	<ul style="list-style-type: none">Tunnel Ball	To enable the learners to- <ul style="list-style-type: none">Build concentration, coordination, team work and quick response skills.	Learners will be able to- <ul style="list-style-type: none">play with the ball by handling, rolling or throwing that helps toddlers learn social skills like cooperation and sharing.
July'26	-	4	<ul style="list-style-type: none">Hit the target	To enable the learners to- <ul style="list-style-type: none">develop accuracy in hitting and balancing.build physical fitness. NCERT -3 (Pg-8)	Learners will be able to- <ul style="list-style-type: none">enhance hand-eye coordination, concentration and aim for accuracy and reaction time.

Aug'26	-	4	<ul style="list-style-type: none"> ● Shuttle Run 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> ● improve speed, agility, cardiovascular endurance and stamina. <p>NCERT -3 (Pg-38)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> ● develop speed, agility, explosive power and strength.
Sept'26	-	4	<ul style="list-style-type: none"> ● Aankh Micholi 	<p>To enable the learners to -</p> <ul style="list-style-type: none"> ● enrich keen sense of hearing anticipation, collaboration and patience. <p>NCERT-3 (Pg-53)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> ● develop keen cognitive and physical skills including sharpened attention enhanced concentration and better coordination.
Oct'26	-	3	<ul style="list-style-type: none"> ● Dodge ball 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> ● develop speed, agility, quick movement and decision making. <p>NCERT -3 (Pg-61)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> ● develop confidence, discipline and sportsmanship.
Nov'26	-	4	<ul style="list-style-type: none"> ● Catch and hit 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> ● develop hand-eye coordination, improve catching and hitting skills. <p>NCERT -5 (Pg. 22)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> ● show quick reaction and alertness during the game.
Dec'26	-	3	<ul style="list-style-type: none"> ● Book Balancing 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> ● develop balancing ability, concentration, focus, patience and self-discipline. <p>NCERT -3 (Pg-31)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> ● control their body while walking and moving.

Jan'27	-	4	<ul style="list-style-type: none"> ● In and Out 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> ● stay focused in various challenges. ● compete and develop life skills. <p>NCERT 3 (Pg-66)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> ● acknowledge the importance of life skills in their daily lives. ● enhance physical and mental strength.
Feb'27	-	4	<ul style="list-style-type: none"> ● Tug of war 	<p>To enable the learners to-</p> <ul style="list-style-type: none"> ● discover the fundamentals of team play, enabling muscular strength, cooperation, endurance and stamina. <p>NCERT-3 (Pg-64)</p>	<p>Learners will be able to-</p> <ul style="list-style-type: none"> ● develop essential life skills through team work, embracing traditional values of honesty, integrity and sportsmanship.